

A.C.E.S. PERSONALITY PROFILE ASSESSMENT

DO THIS SHEET FIRST!

Directions: In each of the following rows of four words across, place and **X** in front of the one word that most often applies to you. Continue through all fifty lines; be sure each line is marked.
Make sure to mark the word that best describes how you **are**, not how you would **like to be**. If you are not sure which word "most applies", ask a spouse or friend.

STRENGTHS

- | | | | |
|--|---|---|---|
| (1) ☐ Accommodating | (1) ☐ Adventurous | (1) ☐ Achiever | (1) ☐ Accurate |
| (2) ☐ Analytical | (2) ☐ Animated | (2) ☐ Adaptable | (2) ☐ Assertive |
| (3) ☐ Bouncy | (3) ☐ Balanced | (3) ☐ Behaved | (3) ☐ Bold |
| (4) ☐ Chartmaker | (4) ☐ Challenger | (4) ☐ Carefree | (4) ☐ Considerate |
| (5) ☐ Cheerful | (5) ☐ Chief | (5) ☐ Caring | (5) ☐ Conservative |
| (6) ☐ Contented | (6) ☐ Controlled | (6) ☐ Competitive | (6) ☐ Colorful |
| (7) ☐ Confident | (7) ☐ Consistent | (7) ☐ Casual | (7) ☐ Convincing |
| (8) ☐ Cultured | (8) ☐ Courageous | (8) ☐ Cute | (8) ☐ Cooperative |
| (9) ☐ Delightful | (9) ☐ Diplomatic | (9) ☐ Deep | (9) ☐ Driven |
| (10) ☐ Disarming | (10) ☐ Demonstrative | (10) ☐ Decisive | (10) ☐ Detailed |
| (11) ☐ Enthusiastic | (11) ☐ Energetic | (11) ☐ Easy-Going | (11) ☐ Efficient |
| (12) ☐ Fast-Paced | (12) ☐ Factual | (12) ☐ Fun-Loving | (12) ☐ Faithful |
| (13) ☐ Focused | (13) ☐ Forceful | (13) ☐ Friendly | (13) ☐ Funny |
| (14) ☐ Imaginative | (14) ☐ Inoffensive | (14) ☐ Idealistic | (14) ☐ Independent |
| (15) ☐ Loyal | (15) ☐ Lively | (15) ☐ Leader | (15) ☐ Listener |
| (16) ☐ Mixes easily | (16) ☐ Mediator | (16) ☐ Musical | (16) ☐ Mover |
| (17) ☐ Orderly | (17) ☐ Optimistic | (17) ☐ Obliging | (17) ☐ Outspoken |
| (18) ☐ Playful | (18) ☐ Perceptive | (18) ☐ Patient | (18) ☐ Perfectionist |
| (19) ☐ Peaceful | (19) ☐ Persistent | (19) ☐ Popular | (19) ☐ Powerful |
| (20) ☐ Productive | (20) ☐ Pleasant | (20) ☐ Promoter | (20) ☐ Planner |
| (21) ☐ Refreshing | (21) ☐ Respectful | (21) ☐ Resourceful | (21) ☐ Reserved |
| (22) ☐ Scheduler | (22) ☐ Self-reliant | (22) ☐ Sociable | (22) ☐ Satisfied |
| (23) ☐ Soft-spoken | (23) ☐ Spirited | (23) ☐ Strong-willed | (23) ☐ Scholar |
| (24) ☐ Sure | (24) ☐ Sensitive | (24) ☐ Submissive | (24) ☐ Spontaneous |
| (25) ☐ Tolerant | (25) ☐ Trendy | (25) ☐ Tenacious | (25) ☐ Thoughtful |

WEAKNESSES

- | | | | |
|---|--|--|--|
| (26) ☐ Aimless | (26) ☐ Alarmist | (26) ☐ Aggressive | (26) ☐ Alienated |
| (27) ☐ Brassy | (27) ☐ Blank | (27) ☐ Bashful | (27) ☐ Bossy |
| (28) ☐ Controlling | (28) ☐ Cautious | (28) ☐ Caves in | (28) ☐ Careless |
| (29) ☐ Compromising | (29) ☐ Crafty | (29) ☐ Changeable | (29) ☐ Critical |
| (30) ☐ Depressed | (30) ☐ Domineering | (30) ☐ Disorganized | (30) ☐ Doubtful |
| (31) ☐ Exaggerates | (31) ☐ Egocentric | (31) ☐ Edgy | (31) ☐ Emotionless |
| (32) ☐ Fussy | (32) ☐ Fence-sitter | (32) ☐ Flighty | (32) ☐ Frank |
| (33) ☐ Haphazard | (33) ☐ Hesitant | (33) ☐ Hard to please | (33) ☐ Headstrong |
| (34) ☐ Inflexible | (34) ☐ Impatient | (34) ☐ Indecisive | (34) ☐ Impulsive |
| (35) ☐ Insensitive | (35) ☐ Isolated | (35) ☐ Inconsistent | (35) ☐ Indifferent |
| (36) ☐ Interrupts | (36) ☐ Indirect | (36) ☐ Introvert | (36) ☐ Intolerant |
| (37) ☐ Lazy | (37) ☐ Loud | (37) ☐ Lord over others | (37) ☐ Loner |
| (38) ☐ Moody | (38) ☐ Manipulative | (38) ☐ Messy | (38) ☐ Mumbles |
| (39) ☐ Negative attitude | (39) ☐ Naïve | (39) ☐ Nervy | (39) ☐ Noncommittal |
| (40) ☐ Plain | (40) ☐ Proud | (40) ☐ Permissive | (40) ☐ Pessimistic |
| (41) ☐ Rash | (41) ☐ Resentful | (41) ☐ Reluctant | (41) ☐ Repetitious |
| (42) ☐ Reticent | (42) ☐ Restless | (42) ☐ Revengeful | (42) ☐ Raging |
| (43) ☐ Scatterbrained | (43) ☐ Slow | (43) ☐ Scolds | (43) ☐ Skeptical |
| (44) ☐ Sarcastic | (44) ☐ See-saws | (44) ☐ Show-off | (44) ☐ Short-tempered |
| (45) ☐ Silly | (45) ☐ Stubborn | (45) ☐ Suspicious | (45) ☐ Sluggish |
| (46) ☐ Too sensitive | (46) ☐ Talkative | (46) ☐ Timid | (46) ☐ Tactless |
| (47) ☐ Undisciplined | (47) ☐ Unambitious | (47) ☐ Unforgiving | (47) ☐ Unrealistic |
| (48) ☐ Unenthusiastic | (48) ☐ Unpopular | (48) ☐ Unbending | (48) ☐ Unfocused |
| (49) ☐ Unsociable | (49) ☐ Uninvolved | (49) ☐ Unsympathetic | (49) ☐ Unpredictable |
| (50) ☐ Withdrawn | (50) ☐ Workaholic | (50) ☐ Wants attention | (50) ☐ Waivers |

A.C.E.S. PERSONALITY PROFILE ASSESSMENT

DO THIS SHEET SECOND!

Directions: Now transfer all your X's to the corresponding words on this Scoring Sheet and add up your totals.
(In other words, if you marked "Animated" on the First Sheet, then mark it again on the Second Sheet. The words are in a different order on each sheet.)

STRENGTHS				WEAKNESSES			
Analytical	Commander	Expressive	Stabilizer	Analytical	Commander	Expressive	Stabilizer
(1) _____ Accurate	_____ Achiever	_____ Adventurous	_____ Accommodating	(26) _____ Alienated	_____ Aggressive	_____ Alarmist	_____ Aimless
(2) _____ Analytical	_____ Assertive	_____ Animated	_____ Adaptable	(27) _____ Bashful	_____ Bossy	_____ Brassy	_____ Blank
(3) _____ Behaved	_____ Bold	_____ Bouncy	_____ Balanced	(28) _____ Cautious	_____ Controlling	_____ Careless	_____ Caves in
(4) _____ Chartmaker	_____ Challenger	_____ Carefree	_____ Considerate	(29) _____ Critical	_____ Crafty	_____ Changeable	_____ Compromising
(5) _____ Conservative	_____ Chief	_____ Cheerful	_____ Caring	(30) _____ Depressed	_____ Domineering	_____ Disorganized	_____ Doubtful
(6) _____ Controlled	_____ Competitive	_____ Colorful	_____ Contented	(31) _____ Edgy	_____ Egocentric	_____ Exaggerates	_____ Emotionless
(7) _____ Consistent	_____ Confident	_____ Convincing	_____ Casual	(32) _____ Fussy	_____ Frank	_____ Flighty	_____ Fence-sitter
(8) _____ Cultured	_____ Courageous	_____ Cute	_____ Cooperative	(33) _____ Hard to please	_____ Headstrong	_____ Haphazard	_____ Hesitant
(9) _____ Deep	_____ Driven	_____ Delightful	_____ Diplomatic	(34) _____ Inflexible	_____ Impatient	_____ Impulsive	_____ Indecisive
(10) _____ Detailed	_____ Decisive	_____ Demonstrative	_____ Disarming	(35) _____ Isolated	_____ Insensitive	_____ Inconsistent	_____ Indifferent
(11) _____ Efficient	_____ Energetic	_____ Enthusiastic	_____ Easy-Going	(36) _____ Introvert	_____ Intolerant	_____ Interrupts	_____ Indirect
(12) _____ Factual	_____ Fast-Paced	_____ Fun-Loving	_____ Faithful	(37) _____ Loner	_____ Lord over others	_____ Loud	_____ Lazy
(13) _____ Focused	_____ Forceful	_____ Funny	_____ Friendly	(38) _____ Moody	_____ Manipulative	_____ Messy	_____ Mumbles
(14) _____ Idealistic	_____ Independent	_____ Imaginative	_____ Inoffensive	(39) _____ Negative attitude	_____ Nervy	_____ Naïve	_____ Noncommittal
(15) _____ Loyal	_____ Leader	_____ Lively	_____ Listener	(40) _____ Pessimistic	_____ Proud	_____ Permissive	_____ Plain
(16) _____ Musical	_____ Mover	_____ Mixes easily	_____ Mediator	(41) _____ Resentful	_____ Rash	_____ Repetitious	_____ Reluctant
(17) _____ Orderly	_____ Outspoken	_____ Optimistic	_____ Obliging	(42) _____ Revengeful	_____ Raging	_____ Restless	_____ Reticent
(18) _____ Perfectionist	_____ Perceptive	_____ Playful	_____ Patient	(43) _____ Skeptical	_____ Scolds	_____ Scatterbrained	_____ Slow
(19) _____ Persistent	_____ Powerful	_____ Popular	_____ Peaceful	(44) _____ Sarcastic	_____ Short-tempered	_____ Show-off	_____ See-saws
(20) _____ Planner	_____ Productive	_____ Promoter	_____ Pleasant	(45) _____ Suspicious	_____ Stubborn	_____ Silly	_____ Sluggish
(21) _____ Respectful	_____ Resourceful	_____ Refreshing	_____ Reserved	(46) _____ Too sensitive	_____ Tactless	_____ Talkative	_____ Timid
(22) _____ Scheduler	_____ Self-reliant	_____ Sociable	_____ Satisfied	(47) _____ Unforgiving	_____ Unrealistic	_____ Undisciplined	_____ Unambitious
(23) _____ Scholar	_____ Strong-willed	_____ Spirited	_____ Soft-spoken	(48) _____ Unpopular	_____ Unbending	_____ Unfocused	_____ Unenthusiastic
(24) _____ Sensitive	_____ Sure	_____ Spontaneous	_____ Submissive	(49) _____ Unsociable	_____ Unsympathetic	_____ Unpredictable	_____ Uninvolved
(25) _____ Thoughtful	_____ Tenacious	_____ Trendy	_____ Tolerant	(50) _____ Withdrawn	_____ Workaholic	_____ Wants attention	_____ Waivers
_____ Subtotal Analytical	_____ Subtotal Commander	_____ Subtotal Expressive	_____ Subtotal Stabilizer	_____ Subtotal Analytical	_____ Subtotal Commander	_____ Subtotal Expressive	_____ Subtotal Stabilizer

PERSONALITY PROFILE

(Total both sets of numbers and enter below.)

Analytical

Commander

Expressive

Stabilizer
